



Over-the-Counter Health and Wellness Product Catalog

Effective November 2020

M1390_2107



Over-the-counter health and wellness product catalog



Receive products by mail

AmeriHealth Caritas Florida has an Over-the-Counter (OTC) Expanded Benefit that allows members to receive OTC products by mail. Your OTC items must be ordered through PerformRxSM. Your orders from PerformRx will then be mailed directly to you by United Medco Pharmaceuticals.



Your allowance

Your allowance for OTC health and wellness items is \$25 per month, per household. One order per month is permitted. Any unused monthly allowance does not carry over. Keep this catalog somewhere accessible. It will help you know what health and wellness products you can order.



How to order

Call PerformRx Pharmacy Member Services at **1-855-371-3963**, Monday – Friday, 8:30 a.m. – 6 p.m. Eastern time.



Questions? We can help.

For general benefit questions, call AmeriHealth Caritas Florida Member Services at **1-855-355-9800 (TTY 1-855-358-5856)**.

Orders will be shipped to your home at no extra charge to you. Please allow five to seven business days for your order to be shipped. Some brand name items are listed for reference only. You may receive the generic version. Items, quantities, sizes, and values may change depending on availability. Item cost may change from year to year. Please consult with your primary care provider (PCP) before using any over-the-counter (OTC) product. This product list is subject to change.

OTC items may only be requested for the plan enrollee. It is prohibited to request OTC items for family members and friends.

AmeriHealth Caritas Florida OTC Product Catalog

Item #	Description	Qty	Formulary or catalog price	Brand comparable
ALLERGY PREVENTION AND TREATMENT				
1	Allergy relief, cetirizine, 10 mg tablets	30	\$10	Zyrtec®
2	Allergy relief, loratadine, 10 mg tablets	30	\$7	Claritin®
280	Nasoflow™ Allergy Relief	60 sprays	\$24	Flonase®, Claritin®
ANALGESICS/ANTIPYRETICS				
3	Acetaminophen, 325 mg tablets	100	\$4	Tylenol® 325 mg Regular Strength Tablets
4	Acetaminophen, 500 mg tablets	100	\$5	Tylenol® 500 mg Extra Strength Tablets
5	Aspirin, 325 mg tablets	100	\$3	Bayer® Aspirin 325 mg
6	Aspirin, 81 mg chewable	36	\$3	Bayer® Aspirin 81 mg Chewable
7	Aspirin, enteric coated, 81 mg tablets	120	\$5	Bayer® EC Aspirin 81 mg Adult Regimen
8	Aspirin, enteric coated, 325 mg tablets	100	\$4	Ecotrin® Tablets
459	EQL menstrual relief caplet	40	\$5	Equaline® Vitamin
ANTACIDS AND ACID REDUCERS				
9	Acid reducer, famotidine, 10 mg tablets	30	\$6	Pepcid® AC Tab
10	Acid reducer, omeprazole, 20 mg	14	\$14	Prilosec®
12	Antacid tablets	150	\$5	Tums® Tablets
13	Effervescent tablets	36	\$6	Alka-Seltzer®
14	Gas relief caplet extra-strength	30	\$4	Gas-X® Extra Strength
ANTICANDIAL (YEAST INFECTION) TREATMENTS				
15	Miconazole vaginal suppository, three day	1	\$15	Monistat® Vaginal Suppository 3-Day
ANTIDIARRHEAL AND LAXATIVES				
16	Adult glycerin suppositories	25	\$3	Fleet® Adult Suppositories
17	Anti-diarrheal caplets	12	\$4	Imodium® AD
18	Anti-nausea liquid	4 oz	\$7	Emetrol®
19	Bisacodyl, 5 mg tablets	25	\$4	Dulcolax® Tablets
231	Enema, mineral oil	4.5 oz	\$4	Fleet® Mineral Oil
279	Enema, saline laxative	4.5 oz	\$2	Fleet® Enema
290	Stomach relief flavored liquid	8 oz	\$6	Pepto-Bismol®
20	Laxative bisacodyl, 10 mg suppositories	12	\$5	Dulcolax® Suppositories
21	Stomach relief flavored tablets	30	\$4	Pepto-Bismol® Tablets
22	Stool softener softgel	100	\$6	Colace® Softgels
ANTI-INFLAMMATORY				
23	Ibuprofen, 200 mg liquid gel caps	20	\$5	Advil® Liquid Gel Caps
24	Ibuprofen, 200 mg tablets	50	\$6	Advil® Tablets
25	Naproxen sodium, 220 mg caplets	50	\$8	Aleve® Caplets
26	Advil, 200 mg liquid gel caps	20	\$8	Advil® Liquid Gel Caps
ARTHRITIS MEDICINE				
26	Arthritis pain relief tablets	24	\$5	Tylenol® Arthritis Pain Relief Tablets
27	Hot/cold patches	5	\$6	Icy Hot® Patches
BLADDER CONTROL ITEMS				
170	Adult bladder control pads	28	\$9	Depend® Adult Bladder Control Pads
167	Adult protective disposable briefs, S/M	20	\$18	Depend® Adult Protective Briefs S/M
168	Adult protective disposable briefs, L	20	\$18	Depend® Adult Protective Briefs LG
169	Adult protective disposable briefs, XL	20	\$20	Depend® Adult Protective Briefs XL

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200	Disposable bed underpads	5	\$6	Prevail® Disposable Bed Underpads
CHILDREN'S PRODUCTS				
198	Vitamin A and D ointment	1 oz	\$3	A&D® Ointment
28	Acetaminophen, 80 mg chew tabs	30	\$5	Tylenol® 80 mg Chew Tabs
30	Acetaminophen junior-strength chew tab, 160 mg	24	\$7	Tylenol® Jr. Strength Chews
32	Children's chewable multivitamins	100	\$8	Flintstones® Chewable Multi-Vitamins
33	Children's ibuprofen suspension, 100 mg	4 oz	\$10	Motrin® Children's Suspension
34	Children's acetaminophen liquid	4 oz	\$5	Tylenol® Children's Liquid
35	Children's cold and allergy liquid	4 oz	\$5	Dimetapp® Cold and Allergy Elixir
31	Children's glycerin suppositories	12	\$4	Fleet® Children's Glycerin Suppositories
270	Children's saline drops	30 ml	\$8	Little Remedies® Children's Saline Drop
36	Children's toothbrush	1	\$2	GUM® Toothbrush
195	Children's toothpaste	3 oz	\$3	Colgate® Children's Toothpaste
37	Diaper rash ointment	1 oz	\$3	Desitin® Ointment
38	Diphenhydramine liquid	4 oz	\$4	Benadryl® Elixir
39	Duofilm	0.3 oz	\$9	Duofilm®
40	Gas relief drops	1 oz	\$10	Mylicon® drops
41	Ibuprofen infants drops	0.5 oz	\$8	Motrin® Infant Drops
42	Junior-strength ibuprofen chew tabs, 100 mg	24	\$7	Motrin® Jr. Strength Tablets
45	Premium preemie to 6 lbs diapers	20	\$9	Pampers® Preemi to 6lbs
46	Premium up to 12 lbs diapers, S	24	\$10	Pampers® Up to 12 lbs Diapers SM
47	Premium 12 – 20 lbs diapers, M	20	\$10	Pampers® 12-20 lbs Diapers MED
48	Premium 20 – 30 lbs diapers, L	18	\$10	Pampers® 20-30 lbs Diapers L
49	Premium 30 – 38 lbs diapers, XL	16	\$10	Pampers® 30-38 lbs Diapers XL
50	Premium 38+ lbs diapers, XXL	14	\$10	Pampers® 38+ lbs Diapers XXL
51	Premium baby wipes	80	\$5	Pampers® Baby Wipes
52	Tooth and gum cleanser	1	\$6	Orajel® Tooth and Gum Cleanser
212	2T – 3T pull-up diapers	17	\$12	Pull-Ups® 2T-3T
213	3T – 4T pull-up diapers	15	\$12	Pull-Ups® 3T-4T
214	4T – 5T pull-up diapers	13	\$12	Pull-Ups® 4T-5T
217	Baby shampoo tear-free	15 oz	\$3	J&J® Baby Shampoo Tear-Free
218	Children's conditioning shampoo	8 oz	\$3	J&J® Children's Conditioning Shampoo
299	Baby nail clippers	1	\$1	Safety 1st® Baby Nail Clipper
308	Baby wipes, travel size	10	\$1	Pampers® Baby Wipes, Travel
381	Baby lotion	3.5 oz	\$5	J&J® Baby Lotion
400	Multivitamin gummies, child	60	\$10	Little Critters® Gummies
420	Calcium 250 mg + vitamin D3 500 IU, child gummy	30	\$10	Little Critters® Calc+Vit D Child Gummy
421	Vitamin C, child gummy, 250 mg	60	\$10	Little Critters® Vit C Child Gummy
442	Sunscreen lotion, babies, SPF 50	8 oz	\$9	Coppertone® Sunscreen for Babies SPF-50

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COLD/COUGH/FLU REMEDIES				
53	APAP (acetaminophen) sinus congestion	24	\$4	Tylenol® Sinus Congestion
54	Cough/throat drops	30	\$3	Halls® Cough Drops
211	Sugar-free cough/throat drops	25	\$3	Halls® Sugar-Free Cough Drops
55	Daytime cold/flu relief softgels	16	\$5	DayQuil® Softgels
56	Daytime cold/flu relief liquid	4 oz	\$5	DayQuil® Liquid
174	Daytime/nighttime cold/flu caplets	20	\$5	Mucinex® Day/Night Caplets
230	Diphenhydramine, 25 mg capsules	24	\$3	Benadryl®
57	Mucus relief DM tablets	30	\$9	Mucinex® DM
58	Mucus relief tablets	30	\$8	Mucinex®
59	Nasal decongestion spray	1 oz	\$4	Afrin® Nasal Spray
60	Nasal decongestion PE tablets	36	\$4	Sudafed PE® Tablets
61	Nighttime cold/flu relief softgels	16	\$5	NyQuil® Caplets
62	Nighttime cold/flu relief liquid	4 oz	\$7	NyQuil® Liquid
63	Saline nasal spray	1.5 oz	\$3	Ocean® Nasal Spray
64	Sore throat spray	6 oz	\$5	Chloraseptic® Sore Throat Spray
65	Tussin DM syrup SF	4 oz	\$4	Robitussin® DM Syrup
66	Tussin syrup	4 oz	\$4	Robitussin® Syrup
67	Vapor rub	3.53 oz	\$5	Vicks® Vapor Rub
402	SinuCleanse neti pot	30 uses	\$20	NasaFlo® Neti Pot
433	Green tea, multi flu/severe cold, honey lemon	6	\$9	Thera-Flu®, Multi-Symp Severe Cold-Lemon
449	Child allergy elixir	4 oz	\$5	Children's Benadryl®
450	Child cold/cough/sore throat	4 oz	\$6	Children's Mucinex®
451	HBP cough cold	16	\$6	Coricidin®
458	Acetaminophen PM, 500 mg	50	\$3	Tylenol PM®
DENTAL AND DENTURE CARE				
68	Dental tool kit	1	\$5	GUM® Dental Tool Kit
69	Denture adhesive cream	2.4 oz	\$5	Fixodent®
70	Denture cleaner	40	\$4	Efferdent®
71	Fluoride toothpaste	6.4 oz	\$4	Colgate®
72	Adult toothbrush, medium	1	\$2	Colgate® Toothbrush
73	Dental floss	1	\$2	Reach® Dental Floss
74	Mouthwash	4 oz	\$3	Listerine®
75	Sensitive teeth toothpaste	4.3 oz	\$5	Sensodyne®
76	Toothache relief liquid/gel	0.33 oz	\$4	Anbesol® Liquid/Gel
313	Dental floss, waxed	55 yds	\$1	Reach® Dental Floss, Waxed
314	Dental floss, mint waxed	55 yds	\$1	Reach® Dental Floss, Mint Waxed
315	Denture brush	1	\$1	GUM® Denture Brush
318	Toothpaste	0.85 oz	\$1	Colgate® Toothpaste
332	Flosser, mechanical	1	\$12	Power Flosser®
333	Water jet, battery operated	1	\$23	Oral-B® Vitality Water Jet
EAR CARE				
77	Ear syringe	1	\$3	Apex® Ear Syringe
78	Earwax drops	0.5 oz	\$7	Debrox® Ear Wax Drops

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EYE CARE				
79	Artificial tears	0.5 oz	\$6	Visine® Tears
238	Eye wash	3.9 oz	\$5	Collyrium® Eye Wash
80	Eyeglass repair kit	1	\$5	Calabria® Eyeglass Repair Kit
81	Reading glasses, diopter +1.0	1	\$9	Optx® Reading Glass Diopter +1.00
82	Reading glasses, diopter +1.25	1	\$9	Optx® Reading Glass Diopter +1.25
83	Reading glasses, diopter +1.5	1	\$9	Optx® Reading Glass Diopter +1.50
84	Reading glasses, diopter +1.75	1	\$9	Optx® Reading Glass Diopter +1.75
85	Reading glasses, diopter +2.0	1	\$9	Optx® Reading Glass Diopter +2.00
86	Reading glasses, diopter +2.25	1	\$9	Optx® Reading Glass Diopter +2.25
87	Reading glasses, diopter +2.5	1	\$9	Optx® Reading Glass Diopter+2.50
88	Reading glasses, diopter +2.75	1	\$9	Optx® Reading Glass Diopter +2.75
89	Reading glasses, diopter +3.0	1	\$9	Optx® Reading Glass Diopter +3.00
90	Reading glasses, diopter +3.25	1	\$9	Optx® Reading Glass Diopter +3.25
91	Reading glasses, diopter +3.5	1	\$9	Optx® Reading Glass Diopter +3.50
92	Reading glasses, diopter +4.0	1	\$9	Optx® Reading Glass Diopter +4.00
93	Red eye relief drops	0.5 oz	\$4	Visine® Drops
429	Eyeglass cleaner	1	\$2	Bausch & Lomb® Eyeglass Cleaner
437	Eye drops, sensitive, single use	0.4 oz, 30 count	\$6	Visine® Eye Drops Sensitive, one use
452	Ketotifen fumarate, eye itch relief	0.17 oz	\$21	Eye Itch Relief®
FIBER SUPPLEMENTS				
94	Fiber gummies	60	\$10	Vitafusion® Fiber Well Gummies
95	Fibertab tablets	90	\$9	FiberCon® Tablets
281	Psyllium powder, orange	13 oz	\$10	Metamucil® Orange
FIRST AID AND MEDICAL SUPPLIES				
96	Adhesive first-aid tape	1	\$2	Ace® Adhesive First-Aid Tape
189	Aid ankle support	1	\$7	Futuro® Aid Ankle Support
191	Aid elbow support	1	\$7	Futuro® Aid Elbow Support
192	Aid hand support	1	\$7	Futuro® Aid Hand Support
166	Aid knee support	1	\$7	Futuro® Aid Knee Support
190	Aid wrist support	1	\$7	Futuro® Aid Wrist Support
97	Alcohol pads	100	\$3	Dynarex® Alcohol Pads
162	Anti-embolism stockings, XL	1	\$13	Futuro® Anti-Embolism Stockings XL
163	Anti-embolism stockings, LG	1	\$13	Futuro® Anti-Embolism Stockings LG
164	Anti-embolism stockings, MED	1	\$13	Futuro® Anti-Embolism Stockings MED
165	Anti-embolism stockings, SM	1	\$13	Futuro® Anti-Embolism Stockings SM
98	Athletic bandage	1	\$2	Ace® Athletic Bandage
99	Bandages, assorted	100	\$6	Band-Aids® Bandages
100	Butterfly closures	12	\$2	Ace® Butterfly Closures
101	Corn and callus remover	0.33 oz	\$4	Dr. Scholl's® Corn and Callus Remover
102	Cotton balls	100	\$3	J & J® Cotton Balls
103	Cotton swabs	150	\$3	Q-Tips® Cotton Swabs
249	Diabetic socks, ladies size 5 – 10, white	3 pack	\$7	Dr. Scholl's® Diabetic Socks

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Item #	Description	Qty	Formulary or catalog price	Brand comparable
250	Diabetic socks, ladies size 5 – 10, black	3 pack	\$7	Dr. Scholl's® Diabetic Socks
251	Diabetic socks, men size 6 – 12.5, white	3 pack	\$7	Dr. Scholl's® Diabetic Socks
252	Diabetic socks, men size 6 – 12.5, black	3 pack	\$7	Dr. Scholl's® Diabetic Socks
258	Elastic knee support	1	\$3	Futuro® Elastic Knee Support
104	First aid kit	1	\$8	Ace® First Aid Kit
105	Flexible tip thermometer	1	\$10	Veridian® Flexible Tip Thermometer
235	Gauze pad, sterile, 4"x4"	100, 12 ply	\$14	Ace® Gauze Pad Sterile 4"x4"
236	Gauze surgical sponge, sterile, 4"x4"	2 pack, 25 count, 12 ply	\$6	Ace® Gauze Surg. Sponge Sterile 4"x4"
237	Gauze value surgical sponges, 4"x4"	2 pack, 25 count, 12 ply	\$5	Ace® Gauze Value Surgical Sponges 4"x4"
239	Heating pad, dry heat, 12" x 15"	1	\$21	Ace® Heating Pad, Dry Heat, 12x15
106	Ice bag	1	\$4	Carex® Ice Bag
187	Kitchen scale dial	1	\$10	Peachtree® Scale Dial
284	Liquid bandage	0.0225 oz	\$6	Newskin® Liquid Bandage
107	Liquid wart remover	0.31 oz	\$7	Compound W® Wart Remover
108	Oral digital thermometer	1	\$5	Luminiscope® Oral Digital Thermometer
188	Peak flow meter	1	\$14	Omron® Peak Flow Meter
194	Pedometer	1	\$10	Omron® Pedometer
202	Spacer	1	\$14	Vortex® Spacer
109	Stretch gauze	1	\$2	ACE® Stretch Gauze
124	Thermometer probe covers	30	\$3	Welch-Allyn® Thermometer Probe Covers
203	Gloves, disposable, S, non-sterile	50	\$5	Playtex® Disposable Gloves, SM
204	Gloves, disposable, M, non-sterile	50	\$5	Playtex® Disposable Gloves, MED
205	Gloves, disposable, L, non-sterile	50	\$5	Playtex® Disposable Gloves, LG
435	Medicated foot powder	4 oz	\$8	Gold Bond® Medicated Foot Powder
316	3" elastic bandage	1	\$1	ACE® 3" Elastic Bandage
317	Bandages, 3/4" x 3"	50	\$1	ACE® Bandages, 3/4" x 3"
319	Surgical tape, 1" x 10 yds	1	\$1	ACE® Surgical Tape
320	Hydrogen peroxide	4 oz	\$1	Swan® Hydrogen Peroxide
439	Wound wash spray	3 oz	\$12	Arm & Hammer® Wound Wash Spray
440	Burn gel, liquid	2 oz	\$5	Band-Aid® Burn Gel, Liquid
441	Burn gel	6	\$4	Band-Aid® Burn Gel
295	Tweezers	1	\$1	Revlon® Tweezers
305	Hot/cold reusable pack, 4"x6"	1	\$1	Sunbeam® Hot Cold Reusable pack
310	Palm support	1	\$1	Futuro® Palm Support
312	Cotton balls	76	\$1	J&J® Cotton Balls
444	Ear dry drops	1 oz	\$10	Ear Clear® Swimmer's Ear
445	Snoring nose strips	10 count	\$12	Breathe Right®
448	Ethyl alcohol gel	4 oz	\$4	Hand Sanitizer Gel®
454	Hydrogen peroxide spray	4 oz	\$9	Med-First® Hydrogen Peroxide Spray
462	Epsom salt	16 oz	\$5	Epsom Salt®

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HEADACHE RELIEF				
110	Headache relief tablets	50	\$6	Excedrin® Migraine
HEMORRHOIDAL PREPARATIONS				
111	Hemorrhoid ointment	2 oz	\$7	Preparation H® Ointment
112	Hemorrhoid pads	100	\$7	Tucks® Medicated Pads
113	Hemorrhoid relief suppositories	12	\$7	Preparation H® Suppositories
LACTOSE INTOLERANCE				
114	Lactase enzyme	60	\$10	Lactaid® Tablets
MOTION SICKNESS MEDICATION				
115	Motion sickness tablets	12	\$3	Dramamine® Motion Sickness
OTHER ITEMS				
199	Antibacterial bar soap	1	\$3	Dove® Antibacterial Soap
117	Antibacterial liquid hand soap pump	1	\$5	Dove® Antibacterial Hand Soap
118	Antibacterial wet wipes	24	\$4	Kleenex® Antibacterial Wet Wipes
216	Bathroom scale, dial, to 300 lbs	1	\$12	WW® Scale, Dial
226	Bug X repellent	2 oz	\$5	Cutter® Insect Repellent
227	Bug X repellent	4 oz	\$10	Cutter® Insect Repellent
228	Bug X repellent	8 oz	\$14	Cutter® Insect Repellent
119	Calamine lotion	6 oz	\$4	Swan® Calamine Lotion
225	Insect repellent, aerosol	6 oz	\$11	Cutter® Backwoods
224	Insect repellent	6 oz	\$11	Cutter® Skinsations
121	Dry skin therapy moisturizing cream	1	\$8	Nivea® Dry-Skin Moisturizing Cream
215	Feminine body spray	3.5 oz	\$5	Summers Eve® Feminine Body Spray
122	Feminine hygiene wipes	40	\$5	Summers Eve® Feminine Hygiene Wipes
123	Fever strip thermometer	1	\$3	NexTemp® Fever Strip Thermometer
125	Hand sanitizer spray pen, twin pack	1	\$3	Purell® Hand Sanitizer Spray Pen
221	Hydrogen peroxide	8 oz	\$2	Swan® Hydrogen Peroxide
126	Lip balm	1	\$1	Chapstick®
127	Male condoms	3	\$2	Trojan® Male Condoms
201	Maxi pads	12	\$3	Always® Maxi-Pads
219	Medical appointment calendar	1	\$5	Brownline® Medical Appointment Calendar
206	Medicated anti-dandruff shampoo	11 oz	\$5	Head & Shoulders® Anti-Dandruff Shampoo
135	Medicine dropper	1	\$2	Apex® Medicine Dropper
128	Medicine spoon	1	\$1	Apex® Medicine Spoon
264	Needle/sharps container	1	\$12	BD® Needle/Sharps Container
223	Insect repellent, 15% DEET	6 oz	\$15	OFF!® Active
222	Insect repellent, 25% DEET	6 oz	\$13	OFF!® Deep Woods
130	Pill box, seven day, one time a day	1	\$2	Aculife® Pill Box, seven day, one time a day
269	Pill box, seven day, a.m. and p.m.	1	\$4	Apex® Pill Box, seven day, a.m. and p.m.
267	Pill box, seven days, three times a day	1	\$4	Apex® Pill Box, seven days, three times a day
268	Pill box, seven days, four times a day	1	\$4	Apex® Pill Box, seven days, four times a day
131	Pill splitter	1	\$3	Apex® Pill Splitter
132	Pocket facial tissue	1	\$2	Kleenex® Pocket Facial Tissue
133	Pregnancy test	1	\$8	E.P.T® Pregnancy Test

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134	Tampons	8	\$2	Tampax® Premium Tampons
207	Pro-vitamin conditioner	13 oz	\$4	Pantene® Pro-Vitamin Conditioner
220	Rubbing alcohol, 70%	16 oz	\$3	Swan® Rubbing Alcohol 70%
271	Travel health folder, seven pocket	1	\$7	Pendaflex® Travel Health Folder, seven pocket
291	Hair pick, mini plastic	1	\$1	Cricket® Hair Pick, Mini Plastic
292	Nail clipper with nail file and keychain	1	\$1	Sally Hansen® Nail Clipper with File
293	Bath ball	1	\$1	Razz® Bath Ball
294	Bath glove	1	\$1	AquaBella® Bath Glove
296	Eyebrow trimmer	1	\$1	Noxzema® Eye Brow Trimmer
297	Mini spray bottle	1	\$1	Uline® Mini Spray Bottle
298	Hair comb	1	\$1	Nordstrom® Hair Comb
300	Face mask, disposable	5	\$1	Uline® Face Mask, Disposable
301	Nail file	1	\$1	Revlon® Nail File
302	Foot nail brush and pumice stone	1	\$1	Stylewurks® Foot Nail Brush & Pumice
303	Nail clipper	1	\$1	Dynarex® Nail Clipper
304	Rain bonnet	1	\$1	DofmanPacific® Rain Bonnet
306	Eye mask	1	\$1	Bausch+Lomb® Eye Mask
309	Travel adult wipes	10	\$1	Cottonelle® Travel Adult Wipes
311	Shoe horn	1	\$1	Izola® Shoe Horn
455	Unisex overnight briefs, XL	20	\$25	Depend® Overnight Briefs/XL
456	Unisex overnight briefs, L	20	\$20	Depend® Overnight Briefs/L
457	Unisex overnight briefs, M	20	\$20	Depend® Overnight Briefs/M
461	Coconut oil	6 oz	\$3	Natures Way® Coconut Oil
472	Adult washcloths, disposable	48	\$5	Prevail® Washcloths Disposable
PEDICULICIDES (HEAD LICE TREATMENTS)				
137	Lice treatment shampoo	4 oz	\$10	LiceMD® Lice Shampoo
SLEEPING AIDS				
138	Nighttime sleep tablets	50	\$4	Sominex® Tablets
139	Sleep aid tablets, doxylamine	16	\$6	Unisom® Tablets
415	Melatonin gummy, 5 mg	60	\$10	Vitafusion® Melatonin Gummy
SMOKING CESSATION PRODUCTS				
196	Nicotine gum, 2 mg	20	\$10	Nicorette® Gum, 2 mg
197	Nicotine gum, 4 mg	20	\$10	Nicorette® Gum, 4 mg
TOPICAL OINTMENTS AND CREAMS				
140	Anti-itch cream	1.25 oz	\$4	Benadryl® Cream
278	Benzoyl peroxide, 10% gel	42.5 grams	\$5	Clearasil® Vanishing Cream
141	Clotrimazole, 1% cream	0.5 oz	\$6	Lotrimin® AF Cream
142	Cold sore treatment	1	\$7	Herpecin® Cold Sore Treatment
143	Hydrocortisone, 1% cream	1 oz	\$5	Cortaid® Cream
144	Muscle rub cream	1.25 oz	\$3	Bengay® Cream
145	Petroleum jelly	4 oz	\$3	Vaseline® Jelly
171	SPF 50 sunblock	4 oz	\$6	Coppertone® SPF 50 Sunblock
146	Tolnaftate, 1% cream	1.25 oz	\$6	Tinactin® Cream

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147	Triple antibiotic ointment	1 oz	\$5	Neosporin® Ointment
413	Hydrocortisone, maximum strength	1.0 oz	\$3	Eczema® Maximum Strength Cream
HERBS, VITAMINS, AND MINERALS				
241	Acidophilus lactobacilli probiotics	60	\$9	Swanson® Acidophilus Lactobacilli
148	Adult multi-vitamins	100	\$8	Centrum® Vitamins
242	Antioxidant tablets	50	\$10	Puritan'sPride® Antioxidant Tablets
149	Calcium 600 + vitamin D	60	\$7	Caltrate® 600 + D Tablets
150	Calcium tablets	60	\$5	Calcium® Tablets
246	Coconut oil, 1,000 mg	60	\$10	Nature'sBounty® Coconut Oil
247	Cod liver oil	100	\$9	Swanson® Cod Liver
248	Coenzyme Q10, 100 mg	30	\$10	Nature'sBounty® Coenzyme Q10
253	Echinacea, 400 mg	100	\$8	Puritan'sPride® Echinacea
255	Eucalyptus exfoliating body scrub	6 oz	\$5	Bath&Bodyworks® Eucalyptus Body Scrub
232	FDC vitamin B complex with vitamin C + iron	100	\$6	Windmill® Vit. B Cmplx with Vit. C+Iron
233	FDC vitamin D Tablets 400 IU	100	\$6	Natures Bounty® Vitamin D
151	Ferrous sulfate iron 325 mg tablets	100	\$6	NatureMade® Ferrous Sulfate, Iron 325mg
256	Fish oil 1,000 mg	30	\$4	NatureMade® Fish Oil 1000mg
257	Flaxseed 1,000 mg	100	\$10	NatureMade® Flaxseed
152	Folic Acid 400 mcg tablets	100	\$4	Windmill® Folic Acid Tablets
259	Garlic oil, 500 mg	100	\$5	Swanson® Garlic Oil
260	Ginseng complex, 100 mg	100	\$10	Nature's Bounty® Ginseng Complex
261	Glucosamine and chondroitin, 1,500 mg	30	\$9	Puritan'sPride® Glucos. & Chondro.
262	Lavender body cream	6 oz	\$3	Aveeno® Lavender Body Cream
153	Magnesium 250 mg tablets	100	\$5	Nature Made® Magnesium
263	Melatonin, 3 mg	60	\$7	Nature Made® Melatonin
265	Omega 3 1000 mg	100	\$10	Nature Made® Omega 3
154	Prenatal vitamins	100	\$10	Stuart® Prenatal Vitamins
155	Vitamin A 10,000 IU softgels	100	\$4	Nature's Way® Vitamin A
156	Vitamin B-12 100 mcg	100	\$8	Nature Made® B-12 Vitamins
157	Vitamin B-complex	100	\$6	Nature Made® Vitamin B-Complex
158	Vitamin B-complex gummy	70	\$10	Vitafusion® Vitamin B-Complex Gummy
159	Vitamin C 500 mg tablets	100	\$5	Nature Made® Vitamin C
193	Vitamin C gummy	60	\$10	Vitafusion® Vitamin C Gummy
160	Vitamin E 400 IU	100	\$8	Nature Made® Vitamin E
161	Zinc, 50 mg tablets	100	\$5	Sundown Naturals® Zinc
414	Biotin gummy, 5,000 mcg	60	\$10	Vitafusion® Biotin Gummy
416	Multivitamin gummy	60	\$10	Vitafusion® Multi-Vitamin Gummy
417	Omega + DHA gummy	90	\$16	Vitafusion® Omega + DHA Gummy
418	Vitamin D3 gummy, 2,000 IU	60	\$10	Vitafusion® Vitamin D3 Gummy
419	Calcium 500 mg + vitamin D3, 1,000 IU, gummy	60	\$16	Vitafusion® Calcium + Vitamin D3 Gummy
460	Potassium gluconate, 595mg, potassium supplement	100	\$7	Potassium Gluconate®
463	Glucose tab	50	\$8	DEX4® Glucose Tab
473	Lutein, 20 mg, eye vitamin	30	\$17	Ocuvite®
474	Child multivitamin, gummy, S/F	70	\$13	Little Critters® Child Multi Vitamin Gummy S/F

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Item #	Description	Qty	Formulary or catalog price	Brand comparable
ADAPTIVE AIDS				
172	Adult bib clothing protector	1	\$12	Simplicity® Adult Bib Clothing Protector
210	Anti-slip safety tread aids	1	\$4	3M® Anti-Slip Safety Tread Aids
243	Baby — cabinet lock	4	\$10	Safety1st® Baby - Cabinet lock
244	Baby — outlet cover	8	\$4	KidCo® Baby - Outlet cover
245	Baby — toilet lock	1	\$16	KidCo® Baby - Toilet lock
186	Button and zipper puller	1	\$5	Carex® Button and Zipper Puller
173	Door knob gripper	1	\$6	Safety1st® Door Knob Gripper
208	Food aid bumper	1	\$7	AbleWare® Food Aid Bumper
175	Jar opener/faucet gripper	1	\$6	Apex® Jar Opener/Faucet Gripper
176	Key turner	1	\$3	Apex® Key Turner
177	Lamp switch turner	1	\$3	Carex® Lamp Switch Turner
178	Letter opener	1	\$2	Quill® Letter Opener
179	Long-handle bath sponge	1	\$7	Bathery® Long Handle Bath Sponge
209	Magnifying glass	1	\$4	Insterin® Magnifying Glass
180	Pill bottle opener aid	1	\$4	Apex® Pill Bottle Opener Aid
181	Pill crusher	1	\$8	Apex® Pill Crusher
182	Reaching aid device	1	\$15	Gopher® Reaching Aid Device
183	Shopping bag carrier	1	\$4	RiteAid® Shopping Bag Carrier
185	Toothpaste squeezer	1	\$3	EzSqueez® Toothpaste Squeezer
326	Bath mat, 27" x 13"	1	\$13	Softex® Bath Mat
327	Tub and stair safety treads	4	\$3	Carex® Tub and Stair Safety Treads
339	Back support, generic with suspenders	1	\$19	Futuro® Back Support With Suspenders
342	Blood pressure wrist monitor	1	\$25	Omron® Blood Pressure Wrist Monitor
346	Cane, one leg adjustable, 29" – 38"	1	\$20	Nova® Cane, 1-leg Adjustable
347	Cane, one leg folding adjustable, 32" – 36"	1	\$15	Nova® Cane, 1-leg Folding Adjustable
373	Brace, thumb	1	\$10	Futuro® Brace, Thumb
380	Ear plugs	1 pair	\$2	Vibes® Ear Plugs
384	Panty liners, universal size	22	\$2	Always® Panty Liners
385	Tampons, super absorbency	8	\$2	Tampax® Tampons, Super
386	Tampons, super plus absorbency	8	\$2	Tampax® Tampons, Super Plus
387	Maxi pad, super absorbency	14	\$3	Always® Maxi Pad, Super
388	Maxi pad, super max with wings	12	\$3	Always® Maxi Pad, Super Max With Wings
389	Maxi pad, overnight with wings	10	\$3	Always® Maxi Pad, Night Wing
390	Disposable pill pouches	100	\$3	Ezy Dose® Disposable Pill Pouches
391	Shoe insert, foam, women	2 pair	\$2	Dr.Scholl's®
392	Shoe insert, foam, men	2 pair	\$2	Dr.Scholl's®
393	Aloe gel	16 oz	\$2	Fruit of the Earth® Aloe Gel
395	Regular shampoo, non-medicated	8 oz	\$3	Dove® Shampoo
396	Facial wipes	20	\$2	Nivea® Facial Wipes
397	Facial cleanser	8.5 oz	\$2	Neutrogena® Facial Cleanser
398	Dietary supplement, powder, 14 day	12.8 oz	\$19	Ensure®
399	Dietary supplement, powder, seven day	6.4 oz	\$15	Ensure®
401	Sea bands for nausea and vomiting	1 pair	\$3	Acu-Strap® Sea Bands

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403	Deodorant, men's, non-medicated, stick	2.25 oz	\$3	Degree® Deodorant, Men's
404	Deodorant, women's, non-medicated, stick	2.25 oz	\$3	Degree® Deodorant, Women
405	Lotion, aloe, non-medicated	18 oz	\$4	Jergens® Lotion, Aloe
406	Lotion, cocoa butter, non-medicated	18 oz	\$4	Palmer's® Lotion, Cocoa Butter
407	Lotion, nourishing vitamin E, non-medicated	18 oz	\$4	Neutrogena® Lotion, Vitamin E
408	Laundry detergent, H/D, no bleach, liquid	40 oz	\$5	Tide® Detergent
410	Flashlight, LED, with batteries	1	\$6	SunFire® Flashlight
411	Body wash, cucumber	12 oz	\$3	Suave® Body Wash
412	Body wash, green tea	12 oz	\$3	Dove® Body Wash
422	Night light	1	\$2	Meridian® Night Light
423	Cosmetic tweezer	1	\$2	Trim® Cosmetic Tweezer
424	Dust and germ mask	10	\$2	Uline® Dust and Germ Mask
425	Hair brush and comb set	2 set	\$2	Safety1st® Hair Brush & Comb Set
426	Tummy trimmer	1	\$6	Leonisa® Tummy Trimmer
427	Inflatable neck cushion	1	\$3	Samsonite® Inflatable Neck Cushion
428	Manicure beauty set	3 piece	\$2	Cala® Manicure Beauty Set
432	Shower cap	3	\$2	Firstline® Shower Cap



Discrimination is against the law

AmeriHealth Caritas Florida complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently based on race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender identity or expression, or sexual orientation.

AmeriHealth Caritas Florida:

- Provides free (no-cost) aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters.
 - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free (no-cost) language services to people whose primary language is not English, such as:
 - Qualified interpreters.
 - Information written in other languages.

If you need these services, contact AmeriHealth Caritas Florida at **1-855-355-9800 (TTY 1-855-358-5856)**. We are available 24 hours a day, seven days a week.

If you believe that AmeriHealth Caritas Florida has failed to provide these services or has discriminated against you in another way, you or your authorized representative (if we have your written authorization on file) can file a grievance with:

- Grievances and Appeals, P.O. Box 7368, London, KY 40742. Phone: **1-855-371-8078 (TTY 1-855-371-8079)**, or Fax: **1-855-358-5847**.
- You can file a grievance by mail, fax, or phone. If you need help filing a grievance, AmeriHealth Caritas Florida Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019 (TTY 1-800-537-7697)

Complaint forms are available at:

<http://www.hhs.gov/ocr/office/file/index.html>.

English: This information is available for free in other languages. Please contact our customer service number at **1-855-355-9800 (TTY 1-855-358-5856)**, 24 hours a day, seven days a week. If your primary language is not English, or to request auxiliary aids, assistance services are available to you, free of charge.

Spanish: Esta información está disponible en otros idiomas de forma gratuita. Póngase en contacto con nuestro número de servicios al cliente al **1-855-355-9800 (TTY 1-855-358-5856)**, las 24 horas del día, los siete días de la semana. Si su idioma principal no es el inglés, o necesita solicitar ayudas auxiliares, hay servicios de asistencia a su disposición de forma gratuita.

Haitian Creole: Enfòmasyon sa yo disponib gratis nan lòt lang. Tanpri kontakte ekip sèvis kliyan nou an nan **1-855-355-9800 (TTY 1-855-358-5856)**, 24 è sou 24, sèt jou sou sèt. Si anglè pa lang manman w oswa si w ta renmen mande yon èd konplemantè, ou ka resevwa sèvis ki gratis pou ede w.

Vietnamese: Thông tin này có sẵn miễn phí ở các ngôn ngữ khác. Vui lòng liên lạc bộ phận dịch vụ khách hàng của chúng tôi theo số **1-855-355-9800 (TTY 1-855-358-5856)**, 24 giờ một ngày, bảy ngày trong tuần. Nếu ngôn ngữ chính của quý vị không phải là tiếng Anh, hoặc để yêu cầu các thiết bị trợ giúp bổ sung, thì quý vị có thể sử dụng miễn phí các dịch vụ hỗ trợ.